

2017 SCAADAC Fall Conference
Making the Connection: Support and Integration in Treatment

About the Sessions

Sunday, November 12

12:30-3:30 pm

AOD 100: Ethics, Confidentiality and Scope of Practice, Ed Johnson, M.Ed, LPC, MAC, CAC II

This session will introduce new and in-process counselors to ethics as it relates to their relationships with clients, the importance of confidentiality and their responsibilities as certified addiction counselors.

Special Populations: Veterans & Adolescents, Thurston S. Smith, CCS, MPA, CADC, NCAC I

Objectives:

Upon completion of this training participants will be able to:

- Define the “unique” characteristics of special populations and explore appropriate treatments and related interventions.
- Discuss the most common challenges relating to the treatment of adolescents and Veteran populations.
- Explore the role of counseling, psychiatry, support groups, and other approaches in the treatment of chronic substance abuse.
- Examine established ‘best practices’ for the treatment of Veterans, adolescents, and other special populations affected by substance use and other disorders.

3:30-5:30 pm

Creating a Working Alliance with Motivational Interviewing, Alan Lyme, MSW, ICADC, ICCS

Objectives:

Upon completion of this training participants will be able to:

- Describe the four processes utilized in Motivational Interviewing.
- Illustrate the four foci of the MI spirit and how they may enhance the working alliance.
- Explain the contrast of resistance and discord.

AOD 100: HIV and STIs, Ed Johnson, M.Ed, LPC, MAC, CAC II

This session will introduce new and in-process counselors to HIV and STI as they relate to their relationships with clients.

7:00-8:00 pm

The Self Help Group, Frank Sheheen, MA, CAC II and Ernie Kirkland, LPC, CAC II

This session will teach participants the ins and outs of a group session.

Monday, November 13

9:00 am-12:00 pm

Game Plan: A Clinician's Guide to Helping Men Achieve Emotional Fitness, Alan Lyme, MSW, ICADC, ICCS

Objectives:

Upon completion of this training participants will be able to:

- Review the societal biases and “environment of risk” affecting males in resiliency, addiction onset, recurrence and recovery.
- Underline the efficacy of a compassionate approach in working with men.
- Demonstrate the dynamics and relate the value of integrative and alternative therapies with men.

Opiates and Medication Assisted Treatment (MAT), Cardwell C. Nuckols MA, PhD

One of the mainstays of current opiate addiction treatment is the utilization of psychopharmacological approaches for the management of overdose, detoxification, maintenance and the reduction of craving. This skills training event will introduce those in attendance to the various pharmacological approaches to detoxification such as the use of noradrenergic blocking agents (example-clonidine), full agonists such as methadone and partial agonists such buprenorphine. Approaches to maintenance will include methadone, buprenorphine/naloxone and the antagonist naltrexone. An understanding of the various causes of craving and how medications might be of assistance in reducing the desire for continued use will also be presented.

Objectives:

Upon completion of this training participants will be able to:

- Discuss the subjective experience of the opiate addict to include the concepts of subjective and objective withdrawal (acute abstinence syndrome).
- Describe the use of pharmacological agents such as buprenorphine for the detoxification/ maintenance of the opiate addict.
- Discuss the use of naloxone (Narcan) in the treatment of opiate overdose.
- Discuss the use of naltrexone (extended release) in the treatment of opiate addiction

1:25- 4:25 pm

AOD 100: Preparing for the Written Exam, Susan Coggins, MPH, CAC II, CHES and Yolanda Wright, MA, MAC, CAC II

Obtaining certification as an addictions counselor is a crucial step in the addictions field. For many, this process can be both anxiety-provoking and lengthy. Learn from a seasoned SCAADAC commission member the essential requirements that you need to focus on in order to increase your ability to succeed in obtaining certification.

Evidence-based Treatment of Opioid Addiction: From Pill to Power, Cardwell C. Nuckols MA, PhD

Opioid addicts present many challenges to treatment programs and clinicians. High against medical advice (AMA) discharge rates and problems of engagement create difficult encounters and unique problems that must be addressed in treatment. This skills training event will introduce those in attendance to ways of understanding the opioid addicts experience as treatment must start here. Both psychotherapeutic and pharmacological management will be discussed. The importance of discharge planning or extended care (due to immaturity of the prefrontal cortex) is critical for many of the younger addicts as they may not be candidates for rehabilitation but for habilitation. This training will take an honest look at a difficult to treat population and offer approaches designed to increase retention and enhance the possibilities of long term recovery.

Objectives:

Upon completion of this training participants will be able to:

- Discuss the subjective experience of the opioid addict and understand what “normal” means to them.
- Describe several psychotherapeutic techniques useful with opioid addicts
- Describe the use of pharmacological agents (example-Suboxone) with the opioid addicted population.
- Discuss the importance of discharge planning or extended care and support necessary for many of those addicted from an early age to opioids and other mood altering drugs.

4:30- 5:30 pm

AOD 100: Oral Interview Preparation, SCAADAC Certification Commission

This interactive session will provide counselors with the tools necessary to pass the oral interview.

Mindfulness and Self-Care, Melody Nadeau, LISW-CP, DBTC, CAC I

Objectives:

Upon completion of this training participants will be able to:

- Gain a brief overview of mindfulness practice.
- Explore techniques to identify ‘what works’ with regard to practice.
- Understand importance of self-practice as an additional tool for self-care.

Tuesday, November 14

8:30- 10:00 am

Advocacy and Addiction, Rich Jones, MA, MBA, LCAS, SAP, CCS, CCDP, CEAP, CAI

Objectives:

Upon completion of this training participants will be able to:

- Identify the history of the recovery advocacy movement.
- Describe key issues for the future of recovery advocacy.
- Articulate universal principles of effective advocacy; including recovery messaging strategies.

The Art and Science of Healing, Cardwell C. Nuckols MA, PhD

Experience the awareness and awakening of your healing SELF in this powerful program for those who are seeking to enhance their healing potential. This skills building training will increase your clinical effectiveness. It has been stated that as much as 75% of recovery from psychiatric (psychological) disorders such as depression is attributable to the various aspects of the relationship between therapist and patient. Evidence-based approaches are important but without the creation of a healing relationship compliance is uncertain and effectiveness marginal, at best. The skills training event will help participants learn to take advantage of their natural healing potential. The neurobiology behind this potential will be explained in detail.

Objectives:

Upon completion the participant will be able to:

- Understand the relationship between the clinician and the patient as a dance of attachment.
- Describe entrainment and why those with problems generally solve them on their own while in your presence.
- Discuss how the patient's "expectations" are such an important aspect of healing.

10:30 am-1:00 pm

ROSC and Family Recovery, Rich Jones, MA, MBA, LCAS, SAP, CCS, CCDP, CEAP, CAI

Objectives:

Upon completion of this training participants will be able to:

- Identify the elements of an effective peer based family recovery program.
- Describe effective design, promotion and facilitation of family recovery programs.
- Understand the integration of traditional intervention services and peer based family recovery services.
- Define the "5 point plan" for family recovery and how it applies to their specific program work.

DBT and Mindful Practice, Melody Nadeau, LISW-CP, DBTC, CAC I

Objectives:

Upon Completion the participant will be able to:

- Discuss history and fundamentals of DBT
- Learn and demonstrate core Mindfulness skills for practical application
- Explore modified approaches for treating SUD's and other disorders
- Gain additional resources for increasing proficiency